

AUVENSHINE'S TAEKWONDO 15TH ANNUAL MARTIAL ARTS TOURNAMENT

**Saturday, March 15, 2014
Lincoln Land Community College
5250 Shepherd Rd.
Springfield, Illinois**



**HOSTED BY:
Auvenshine's Taekwondo
121 Iris, Auburn, IL. 62615
217-438-6118**

**Register & Tournament Packet
Online at AUVTKD.com**

FORMS, SPARRING, & GRAPPLING

JUNIOR & ADULT BLACK BELT FORMS GRAND CHAMPION

**COMPETITOR'S FEES: \$40 / 1Event, \$45 / 2 Events & \$50 / 3 Events
SPECTATORS: Ages 12 & Up \$3, Ages 6-11 \$2, Ages 5 and Under Free
ELECTRONIC SCORING!! MATTED RINGS!! EXPEDITIOUS SCHEDULING!!**

ORDER OF EVENTS

Saturday, March 15th – Lincoln Land Community College

8:00 a.m. - 10:00 a.m. Registration & Check-in

10:00 a.m. Black Belt Meeting – ages 15 over (to cover rules for forms & sparring)

10:30 a.m. Opening Ceremonies

Black Belt Forms/ Black Belt Forms Grand Champion & Grappling

Special Divisions (All Events) & Color Belt Forms

Color Belt Sparring

Black Belt Sparring

CONCESSIONS

Concessions will be provided by Lincoln Land Community College. They have a policy of NO outside food or beverages that is strictly enforced. Please respect their rules so we will be allowed back next year.

MEAL PROVIDED

All school owners, instructors, judges, referees, timers & scorekeepers will be provided lunch. Please see Mrs. Auvenshine for a meal ticket. There will be a special line for those who have meal tickets.

1 SCHOOL

The school with the most registered competitors will be awarded a plaque.

TOURNAMENT DIRECTORS:

Master Bill Auvenshine & Master Patty Auvenshine

Auvenshine's School of Taekwondo

121 Iris Drive, Auburn, IL. 62615

217-438-6118

DIRECTIONS TO TOURNAMENT:

Take Interstate 55 to Toronto Road Exit 90. Head east on Toronto Road and follow the signs to Lincoln Land Community College Cass Gymnasium. PLEASE DRIVE SAFELY!

MOTEL RECOMMENDATIONS:

Baymont Inn, 5871 S. 6th St., Springfield, IL. 217-529-6655, Exit 90 on Interstate 55
One of the closest facilities to LLCC - All rooms have microwaves & refrigerators
Complimentary hot breakfast and Wi-Fi! - Indoor heated Pool and Hot tub

Days Inn, 5970 S. 6th St., Springfield, IL. 217-529-1410, Exit 90 on Interstate 55

Motel 6, 6011 S. 6th St. Springfield, IL. 217-529-1633, Exit 90 on Interstate 55

TRADITIONAL FORMS COMPETITION

AWARDS: 1st, 2nd, and 3rd Place competitors in each division will receive a medal.
All children 12 and under will receive a medal.
Junior & Adult Black Belt Grand Champions will receive a 5' trophy.

BLACK BELT FORMS GRAND CHAMPION

Black belts ages 15 and under awarded 1st place in their divisions will compete for junior black belt forms grand champion.
Black belts ages 16 and over awarded 1st place in their divisions will compete for adult black belt forms grand champion.
For Grand Champion forms competition for both juniors and adults, the form that everyone will perform will be selected by random and will range from Taeguk 5 - 8 or Palgwa 5 - 8 or comparable color belt form from another style.

DIVISIONS:

Special Divisions – special athletes will be assigned divisions in their ring
Boys 6 and under, Girls 6 and under (white/yellow/orange) (green) (blue/purple/red/brown)
Boys 7-8, Girls 7-8, Boys 9-10, Girls 9-10, Boys 11-12, Girls 11-12
(white/yellow/orange) (green) (blue/purple) (red/brown) (black)
Boys 13-15, Girls 13-15 (white/yellow/orange) (green/blue/purple) (red/brown) (black)
Men 16-34, Women 16-34, Men 35 and over, Women 35 and over
(white/yellow/orange) (green/blue/purple) (red/brown) (1st degree black) (2nd degree black & above)

Divisions may be combined or further divided depending on the number of competitors.

RULES FOR TRADITIONAL FORMS

The form shall not be judged on the content. The content of forms will vary from school to school and from style to style. Therefore, forms will be judged on the following elements: balance, concentration, execution, form, speed, power, intensity and control. The lowest possible score will be 6.0 and the highest possible score will be 9.9. The average score will be 8.0.

OLYMPIC STYLE TAEKWONDO SPARRING COMPETITION

AWARDS:

Competitors placing 1st, 2nd & 3rd in each division, and all children ages 12 and under will receive a trophy.

3RD PLACE & BYES:

For the most part, we will group athletes in divisions of four or less. In groups of four, two third places will be awarded. We will not play off for third place. In groups of three, one athlete will get a bye. The bye is considered a win and the athlete awarded the bye does not compete in the first round.

DIVISIONS:

Special athletes will be grouped together by age, rank, gender & weight or be given an exhibition match.
Boys 6 and under, Girls 6 and under
(white/yellow/orange) (green) (blue/purple/red/brown)
Boys 7-8, Girls 7-8, Boys 9-10, Girls 9-10, Boys 11-12, Girls 11-12
(white/yellow/orange) (green) (blue/purple) (red/brown) (black)
Boys 13-15, Girls 13-15, Boys 16-17, Girls 16-17, Men 18-34, Women 18-34, Men 35 & over, Women 35 & over
(white/yellow/orange) (green/blue/purple) (red/brown) (black)

FORMAT:

Weight divisions will be used as needed. Divisions may be combined or further divided, depending on the number of competitors.
Exhibition matches permitted with coach's/parent's permission.
Color Belts (all ages) two continuous rounds, one minute each. Black Belts (all ages) two continuous rounds, two minutes each.
There will be a 30 second rest period in between rounds for all matches.

GRAPPLING COMPETITION

AWARDS: All 1st, 2nd & 3rd Place competitors in each division and all children ages 12 and under will receive a trophy.

A) **Tournament Rules:** No Professionals. No striking at your opponent with any part of the body. No biting, pinching, fish-hooking, hair pulling, eye gouging or pressure points. No techniques that involve bending or attempting to break fingers or toes or the small joints. No slamming of opponent or suplex (throwing to the ground as a means to pass the guard.)

A competitor will be disqualified from the match if he/ she attempts to injure his / her opponent by twisting the neck or by lifting his opponent and throwing him on his back to the ground (suplex) etc. or where there is an infraction to the tournament rules. There will be warnings for competitors intentionally rolling out of the ring, stalling (not actively seeking submission or a dominate position) and demonstrating a lack of desire to engage in combat. Three warnings will result in a disqualification.

B) **Technique Summary:**

Striking with any part of the body is prohibited. Competitors found to be with intent to strike or cause harm to their opponent will be disqualified and asked to leave the venue. The following techniques are permitted:

Chokes: Any choke that renders the opponent into submission. Chokes can be applied with either the arms, legs or with clothing. Competitors can not apply chokes by directly squeezing opponent's throat with hand or pushing against throat to cause loss of breath. Ways of submission can be from side, front, and from behind.

Joint Locks: Any technique where pressure is applied against a joint forcing opponent to submit. Competitors are permitted to use standard arm locks, inverted arm locks, shoulder locks, wrist locks, foot locks, and straight knee locks. Techniques which require twisting of the joint are allowed, but must be controlled.

IF YOU CAN NOT ESCAPE FROM A TECHNIQUE AND ARE EXPERIENCING DISCOMFORT, SUBMIT BY VISIBLY TAPPING THE GROUND OR OPPONENT. We encourage sportsmanship and competitive spirit, so please if you feel that your move or application is in any way going to harm your opponent, carefully monitor your opponent's reaction.

C) **Matches:**

The referee will give an overview of the rules to the whole division at one time, at which time you can ask questions. When called to your match, the referee will remind you of the basics. Competitors will begin their match on their feet and then instructed to engage. Competitors will not be separated once the match goes to the ground unless submission occurs, time expires, either or both competitors go out of bounds, a competitor is called for stalling, or the referee stops the match for any other reason. Should you go outside the ring, the referee will stop the time and tell you to maintain your position at which point he/she will drag you back to the center and start time again.

Submission will win the match. Submission is achieved when opponent visibly taps out (either by tapping opponent or mat with hands) due to inability to escape technique that results in a degree of discomfort. The match will also end if a competitor's coach throws in the towel.

Each match will consist of (1) five minute round. If neither competitor submits in the five minute round, then there will be a one minute rest followed by (1) two minute overtime. If neither competitor submits after the overtime, advantage will be determined by the judges. The judges have the absolute and final decision. Advantage will be based on: - any take down without technique - any attempt at choke, arm lock, or near submission - reversal of fight without technique - person with more aggressive stance.

D) **Attire and safety equipment:** Mouth guards and groin protectors are required. Knee pads and head gear are recommended, but not required. No protective gear shall contain metal or hard plastic substances of any sort. No rough, torn or loose equipment will be permitted. Competitors may use no more than two layers of supportive tape. No grease of any kind on the face or body will be permitted. Competitors with long hair should tie it behind their head. The nails must be filed properly and cut short. Proper hygiene is in order. No jewelry is permitted while competing. A clean martial arts uniform may be worn, but a tee shirt must be worn underneath the uniform top. You may also wear a tee shirt and shorts or uniform pants. If your clothing becomes bloodied or torn, you will be asked to replace it immediately or forfeit the match. High-top wrestling shoes are optional. No other type of shoe will be permitted.

E) **Divisions:**

Competitors will be grouped in divisions based on age, weight and skill level. Competitors **MUST** weigh-in at registration. Divisions may be combined or further divided, depending on the number of competitors. Exhibition matches permitted with coach's/parent's permission.

Age Groups:

Boys & Girls together: 6 and under & 7 – 9. Males & females 10 & over will be separated: 10 – 12, 13 – 15, 16 – 34, 35 & over.

Skill Level Breakdown:

Beginner: Those competitors who have limited experience with grappling (practicing for up to 6 months).

Intermediate: Competitors who feel very comfortable with grappling. Individuals here have trained anywhere from 6 months to two years. Competitors who have previously won a novice division must enroll in this level.

Advanced: Competitors who have been grappling for quite some time. Knowledge of various ground techniques is substantial. Tournament experience is sufficient, and training is plentiful. Intermediate winners should consider enrolling here.

COMPETITION RULES FOR OLYMPIC STYLE TAEKWONDO SPARRING

EQUIPMENT:

martial arts uniform, shin & instep protectors, forearm protectors, protective cup (males), headgear, chest & stomach protectors and a mouth piece are all mandatory.

LEGAL TECHNIQUES:

Fore fist (no open hand techniques, back fist, palm strike, etc.)

Foot (any part of the foot below the ankle)

NO TAKEDOWNS, SWEEPS OR TRAPPING PERMITTED

AREAS FOR SCORING:

Head area: Light controlled foot contact to the head gear only for ALL competitors.
(NO DIRECT FACE CONTACT IS ALLOWED)

Body area: contact only to the part of the body covered by chest protector.

VALID SCORES:

One point shall be awarded for any legal foot or hand strike executed with proper balance and technique.

Corner judges will determine sufficient force to the body. Any light contact to the head by the foot with proper technique to the scoring area will be awarded a point.

MATCH:

The winner of the match will be the competitor with the highest score at the end of the 2nd round. In the event of a tie, there will be “sudden victory” overtime, and the first competitor to score a point will win the match.

RULES INFRACTIONS:

COMMITTING ANY OF THE FOLLOWING RULES INFRACTIONS WILL RESULT IN A HALF POINT DEDUCTION, A FULL POINT DEDUCTION, OR A DISQUALIFICATION AT THE DISCRETION OF THE CENTER REFEREE.

- executing a kick to the head with heavy contact will result in a full point deduction
- executing a kick to the head with heavy contact that results in the inability of the opponent to continue will be DISQUALIFIED.
- executing a kick to the face that results in minor injury will result in a full point deduction
- ANY competitor who executes a technique to the face that results in the inability of the opponent to continue due to the injury will be DISQUALIFIED.
- ANY competitor who executes a technique to the face that causes his opponent to bleed shall be disqualified.
- maliciously attacking opponent
- grabbing the opponent
- pushing the opponent with the shoulder, body or hands
- attacking a fallen opponent
- attacking with unauthorized implement (knee, elbow, hand attack to head, etc.)
- attacking an unauthorized area (face, groin, spine, back of head, neck, etc...)
- faking an injury
- escaping contact by turning the back
- stepping out of bounds to avoid contact
- intentionally falling to avoid contact
- presenting a defenseless posture
- uttering undesirable remarks or unsportsmanlike conduct (either by athlete, coach, or any spectator or individual associated with the athlete)
- gesturing to celebrate a score

**AUVENSHINE'S TAEKWONDO 15th ANNUAL
MARTIAL ARTS TOURNAMENT**
Hosted by Auvenshine's School of Tae Kwon Do

SATURDAY MARCH 15TH, 2014 - LINCOLN LAND COMMUNITY COLLEGE CASS GYM - SPRINGFIELD, IL.
REGISTRATION: 8:00 a.m. – 10:00 a.m. TOURNAMENT TIME: 10:30 a.m.

PRE-REGISTRATION: \$40 ONE EVENT, \$45 TWO EVENTS & \$50 FOR ALL THREE EVENTS
IF REGISTRATION IS NOT POSTMARKED BY MARCH 8th, ADD \$5
SEND THIS FORM AND FEE TO:
AUVENSHINE'S TAEKWONDO 121 IRIS DRIVE AUBURN, IL. 62615
PERSONAL CHECKS WELCOME NO REFUNDS

PLEASE PRINT ALL INFORMATION

COMPETITOR'S NAME _____

ADDRESS _____ CITY _____

STATE _____ ZIP CODE _____ PHONE _____

AGE (MARCH 15, 2014) _____ BIRTHDATE _____ SEX _____

RANK _____ WEIGHT _____

EVENTS: TRADITIONAL FORMS _____ SPARRING _____ GRAPPLING _____

(if grappling check one) beginner _____ intermediate _____ advanced _____

COMPETING IN SPECIAL DIVISIONS? YES OR NO (circle one) IN ALL EVENTS? YES OR NO (circle one)

IF ONLY PARTICULAR EVENTS PLEASE LIST THOSE EVENTS _____

MARTIAL ARTS SCHOOL NAME _____

INSTRUCTOR'S NAME _____

SCHOOL ADDRESS _____ CITY _____

STATE _____ ZIP CODE _____ PHONE _____

WAIVER AND RELEASE OF LIABILITY

In consideration of the acceptance of my entry, I do hereby for myself, my heirs, executors and administrators, waive, release and forever discharge any and all rights and claims for damages which I may have or may occur to me against William Auvenshine, Patricia Auvenshine, Auvenshine's School of Taekwondo, Lincoln Land Community College or any representatives or officials involved in the tournament, for any and all damages which may be sustained and suffered by me in connection with my association or entry in the tournament and further agree to pay for any legal expenses arising out of any and all legal disagreement or lawsuits; and further hereby: I agree that prior my competition, I will inspect the facilities which I will be using. If I believe anything is unsafe or beyond my capability, I will immediately advise the staff personally of such condition(s) and refuse to participate. I acknowledge and fully understand that any martial arts competition tournament is a physical contact sport and that I will be engaging in activities that might result in serious injury, including permanent disability and death and severe social and economic loss due to my own actions, negligence of others, or conditions of the premises or any equipment used. I enter this facility and tournament of my own free will and understand the importance of following all the rules and directions given to me. I certify that I am in good physical health and have no disease, injury or other condition that would impair my performance or physical and mental well being in intense physical activity. I grant permission in case of injury to have emergency medical personnel provide me with medical assistance or treatment at my cost. I/We additionally confirm and agree to all the above statements, conditions, waivers and releases and consent to this minor's participation. I/WE HAVE READ THE ABOVE WARNING, WAIVER AND RELEASE, UNDERSTAND THAT I/WE GIVE UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND KNOWING THIS, SIGN IT VOLUNTARILY.

SIGNATURE OF COMPETITOR _____ DATE _____

(OR PARENT OR GUARDIAN IF COMPETITOR IS UNDER THE AGE OF 18)